

JULY 2024 - JUNE 2025

ANNUAL REPORT



Family Planning Services
OF LORAIN COUNTY

Rooted in Community.
Committed to Care.

Dear Supporters, Partners, & Friends,



This has been a hard year for reproductive healthcare, women's rights, and human rights as a whole. Severe federal funding cuts continue to devastate nonprofits like ours, and I fear these attacks on social services are far from over.

Still, I see hope. Every day, people are stepping up, speaking out and showing support for the mission we've carried for 56 years – providing high quality, low-cost reproductive healthcare to anyone who needs it, regardless of their ability to pay. Our local foundation's support has remained generous, and we are grateful for their continued advocacy in our work. Individual supporters have been hearing the call and stepping up through gifts, both large and small. Every donation makes an impact.

We've expanded our staff to meet the growing number of patients and outreach in schools, colleges, partner agencies, and community events. Retired RN Judy Pulito joined us as a Health Educator/Outreach Coordinator; with her, Colleen, and Alexis, we have an excellent, experienced, and well-trained education team. On the clinical side, Nurse Practitioner Tammy Nemeth now covers Saturday clinics and fills in as needed. I am truly proud of our skilled, compassionate team of medical and administrative professionals who care deeply for every patient.

When it comes to funding, we are at a crossroads. For 55 years—since Title X began in 1970—we have provided reproductive healthcare services at little or no cost to anyone who walks through our doors. If the proposed Congressional budget—calling for the complete elimination of Title X—passes, we will lose half of our operating budget. Not only here, but across the country, people with little or no insurance and those living below the poverty line will lose these vital services. Birth control, cancer screenings, STI testing and treatment, and HIV testing and prevention will no longer be available on a sliding fee scale based on income. When the cost of healthcare becomes unaffordable, families suffer — and so do their communities.

Together, we have taken significant steps toward creating a more equitable and accessible clinic, but the work is far from over. We look forward to continuing our efforts and building upon this foundation with the ongoing support of our community.

Thank you,

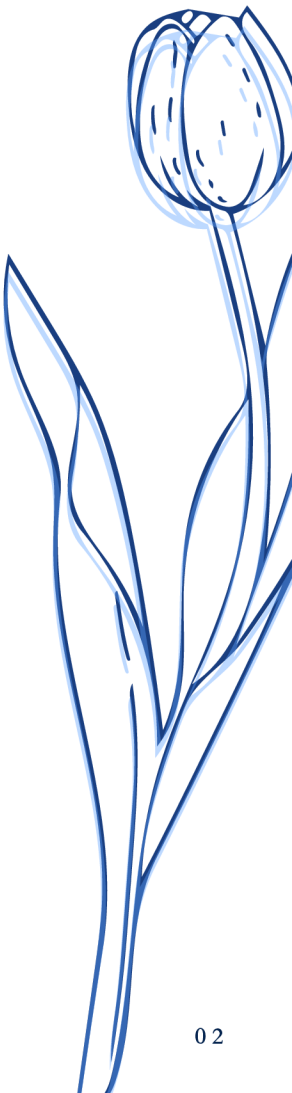
A handwritten signature in cursive script that reads "Tammy Bertrand". The ink is dark and the signature is fluid and elegant.

Tammy Bertrand
Executive Director



Contents

- 03** OUR TEAM
- 04** OUR MISSION
- 05** OUR IMPACT
- 06** NEW INITIATIVES
- 07** FINANCIAL REPORT
- 09** FROM THE ARCHIVES:
Rooted in History, Resilient in Purpose
- 10** FUELING OUR MISSION
- 12** WAYS TO GIVE
- 14** ANNUAL FUNDRAISERS





MEET OUR TEAM

Tammy Bertrand, *Executive Director*

Etel Cseh, *Clinical Assistant*

Alexis Dedek, CHES, *Digital Media & Outreach Coordinator*

Sharon Flynn, *Medical Billing Specialist*

Ja'lynn Isom, *Medical Assistant*

Tiffany Jackson, *Medical Assistant*

Colleen Kishman, *Health Educator, HIV Prevention Program Lead, & Outreach Coordinator*

Sue Lottman, *Clinic Manager*

Douglas McDonald, MD, *Medical Director*

Tammy Nemeth, APRN, CNP-BC,
Clinician

Noel Novicky MSN, APRN, FNP-BC,
Clinician

Gylene Pelton, MBC, *Administrative Coordinator*

Judy Pulito, EdD, MSN, RN, *Health Educator, Healthy Start Program Lead, & Outreach Coordinator*

Jessica Tobin, MSN, APRN, WHNP-BC,
Charge Clinician



BOARD OF DIRECTORS

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Our Mission

Family Planning Services of Lorain County strengthens our community by providing accessible reproductive healthcare & education services.

MEETING PEOPLE WHERE THEY ARE

Partner with 48+ community agencies to deliver reproductive health education, testing & care in schools, shelters, recovery centers, correctional facilities & other community spaces.

HEALTH EDUCATION & EMPOWERMENT

Inclusive, age-appropriate reproductive health education for youth & adults — from workshops on consent, STIs, HIV, & birth control to pregnancy prevention — helping people make informed choices about health, relationships, & autonomy.

ON-SITE TESTING, COUNSELING & REFERRALS

Free STI & HIV testing where people live, learn & seek support — reducing stigma & transportation barriers. Linkage to birth control, PrEP & PEP, Pap tests (cervical cancer screening), breast & testicular screening & education, plus safer sex education & 1-on-1 risk reduction counseling.

EXTENDING OUR REACH THROUGH PARTNERSHIPS

Strong referral relationships ensure no one falls through the cracks — collaborating with housing, health, recovery & violence prevention networks.

EXPANDING ACCESS TO CARE & RESOURCES

Condom bowls in community spaces, a 24/7 harm reduction vending machine, & wide distribution of safer sex supplies, pregnancy tests, & other essentials — removing barriers so people can protect their health anytime.

COALITIONS, COLLABORATIVES & COLLECTIVE IMPACT

Bridge service gaps through collective leadership across housing, health, recovery, & violence prevention systems — strengthening community care networks to ensure coordinated, accessible support.



Our Impact

In Lorain County



On-Site Clinic Traffic

3,475 In-Clinic Health Visits Provided
(1,045 telehealth • 2,430 in-person)

1,543 Patients Seen
(662 new • 881 returning)

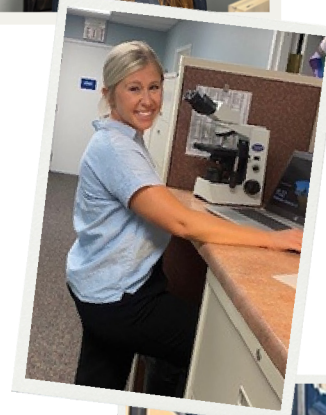
Education & Outreach

27,106 Community Members Engaged
Through Outreach, Supplies, & Resources

2,216 Students & Adults Educated
Through Health Outreach Programs

396 Individuals Tested Through Free
Community-Based STI & HIV Testing

40+ Community Partnerships
Strengthening Care & Access



Clinical Services We Provide:

- STI Screenings & Treatment
- HIV Testing & Counseling
- PrEP & PEP for HIV Prevention
- UTI Testing & Treatment
- Birth Control
- Emergency Contraception
- Pap Tests (cervical cancer screenings)
- Colposcopy (follow-up to abnormal Pap)
- Pelvic Exams (yeast infections/bacterial vaginosis)
- Breast Screenings, Education & Mammogram Referrals
- Pregnancy Testing & Referrals
- Postpartum Care
- Testicular Screenings & Education
- Basic Perimenopausal, Menopausal & Postmenopausal Hormone Replacement Therapy

New Initiatives

Strengthening Community Health

HIV Prevention Grant

Cuyahoga County Board of Health – Began August 2024

- Countywide program supports free HIV testing, education, risk reduction counseling, & referrals for PrEP, PEP, & treatment
- Services provided in correctional facilities, shelters, harm reduction clinics, campuses, health fairs, medical facilities, & other community sites — bringing prevention directly to where people live, learn, & gather
- Condom Bowl Partnerships – Partner sites across the county host bowls we supply with condoms, safer sex items, educational materials, & new patient cards — making prevention resources easy to access & stigma-free

Healthy Start Grant

Lorain County Public Health – Began January 2025

- Supports postpartum moms & their babies with safe sleep gear, baby supplies, & health referrals
- Connects moms to counseling, substance use support, & other essential services to promote health, safety, & well-being



Harm Reduction Vending Machine

Partnership with Lorain County Public Health – Launched May 2025

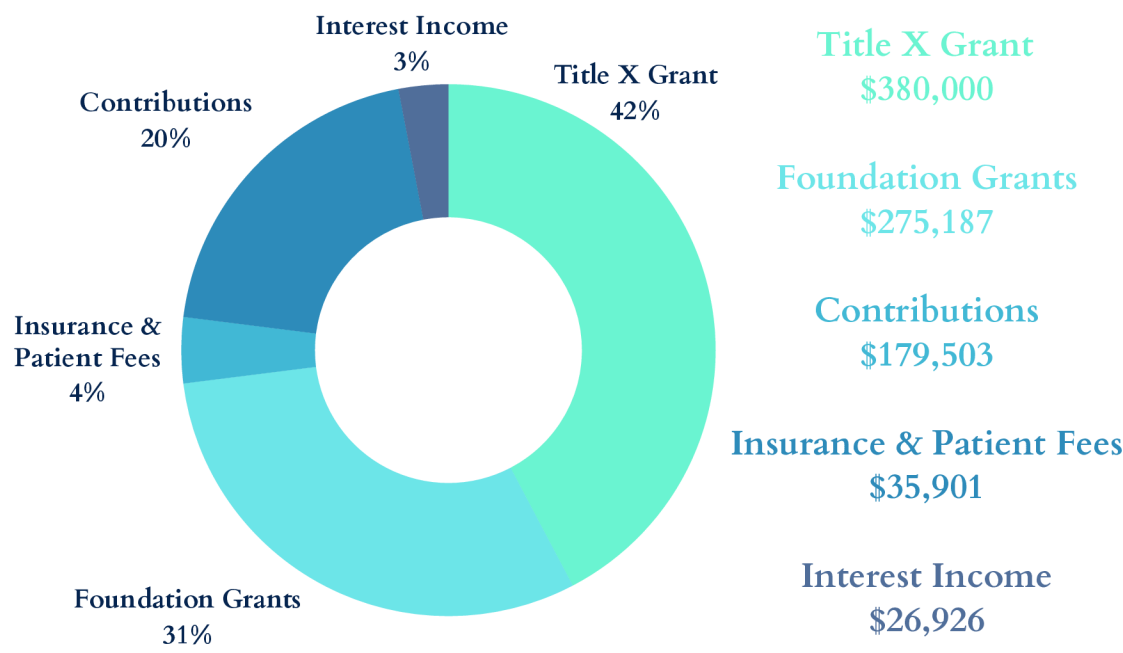
- **First and only in Lorain County**, available 24/7 outside our office
- Provides free NARCAN®, fentanyl test strips, safer sex kits, pregnancy tests, period products, first aid kits, & more — expanding access to lifesaving & preventive supplies



Financial Report

July 2024 - June 2025

Total Revenue: \$897,517

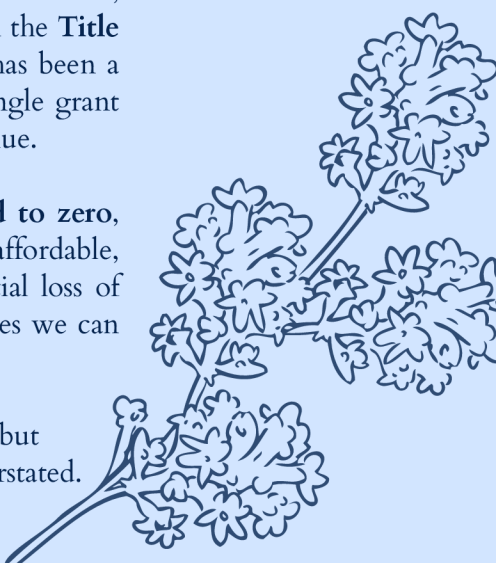


A Note on Title X Funding

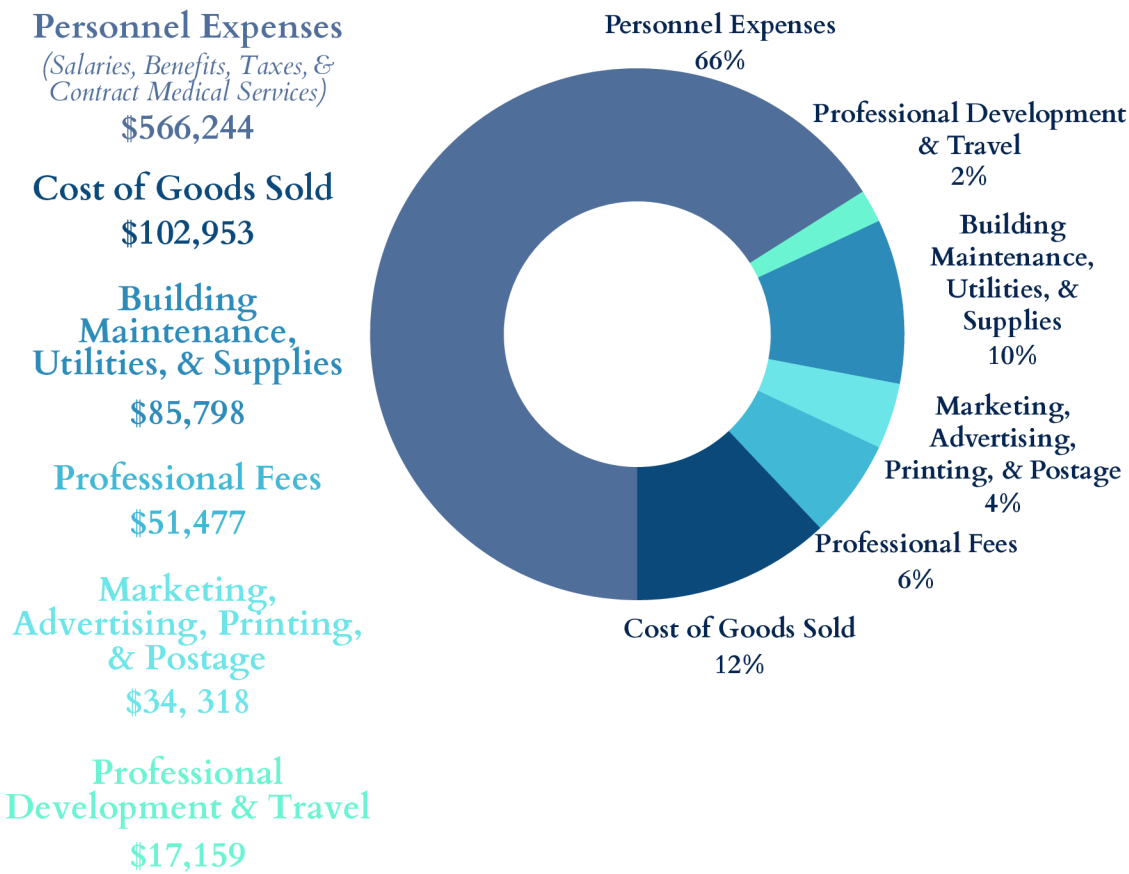
Grants made up 73% of our total revenue in 2024, totaling \$655,187. Of that, \$380,000 came from the **Title X federal family planning program**, which has been a cornerstone of our funding since 1970. This single grant alone accounts for 42% of our total annual revenue.

Title X is currently at risk of being reduced to zero, posing a serious threat to our ability to provide affordable, accessible reproductive health care. The potential loss of this funding would drastically impact the services we can offer and the number of patients we can reach.

We continue to pursue diverse funding sources, but the magnitude of this possible cut cannot be overstated.



Total Expenses: \$857,946



Building Financial Sustainability

Endowment Fund Growth 2023-2025



Total Endowment Balance: \$46,660.65
87% growth in just two years

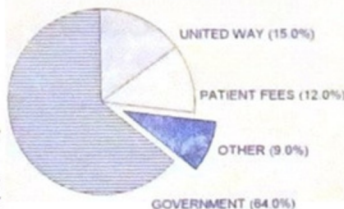
Since May 2023, our endowment has grown by over \$21,660, strengthening our financial sustainability during a time when **Title X funding is at risk.**

Family Planning Update



FPS FUNDING SOURCES

Based on 1994 Figures



In light of possible changes in government funding, private donations will play an even greater role in the fiscal stability of our agency programs. Your generous contribution to FPS will help plan families for the future.



Dr. Snell receiving the plaque to be hung in the new education room.

Spring/Summer 1996 Volume XXIX

STUDENT COMMENTS

Question: The most important thing for adults to do if they want to help teenagers avoid unwanted pregnancies is to:

"...talk to their children. Make them comfortable about sex."

"COMMUNICATE, COMMUNICATE, COMMUNICATE."

"...not pressure them not to have sex -- kids often do what their parents tell them not to."
 "...talk about it with them, offer support, but discuss consequences."

Question: The most important thing about this presentation was:

"...it was very informative."

"...to let people know there is somewhere you can go and get free help and birth control. That is great!"

"...to learn not to have sex when you are not ready to."

"...learning the responsibility of having sex."

"...that you should talk with your partner about what you're going to do about sex."

"...knowing and understanding the consequences of having sex."

"...speaking to us on an adult level."

"...to inform teenagers about the consequences and risks of having sex."

Title X cont.

States has the highest teen pregnancy rate in the industrialized world.

Family planning is not a welfare program -- it keeps women off of welfare. The Title X program is the best way -- and in many cases the only way -- to reduce unintended pregnancy and lessen the need for abortion.

The Committee's action must still be approved by the full House of Representatives and the Senate President Clinton must then approve or veto the measure.

Time is critical, urge your legislators to maintain federal funding for Title X, shifting dollars to the states will not guarantee the survival of family planning programs. The loss will not only affect the women served by our clinic but the entire community as well.



Family Planning Update



SUMMER 1994 VOL. XXVI

SEX EDUCATION CONSENSUS: TOO LITTLE, TOO LATE, SAY MOST TEACHERS

A nationwide survey shows that sex education is taught in nearly all junior and senior high schools, but that most teachers think it is offered too late and that too little time is spent teaching it, according to the

Alan Guttmacher Institute.

Still Rooted. Still Resilient.

The pages of our past echo the headlines of today. Funding cuts, misinformation, & political pressure have shadowed reproductive health care for generations. Yet here we remain--rooted in community & committed to care.

Every Pap test, every HIV screening, every classroom conversation about consent & autonomy carries forward the legacy of those who refused to give up. The threats may look familiar, but so does our strength.

Summer 1995 "Dedicated to Women's Health" Vol. XXVIII

Family Planning Targeted For Elimination by The House

The House Appropriations Committee voted on July 20 to eliminate Title X funds, the nations ONLY program devoted exclusively to the delivery of family planning services. The Title X program allows clinics such as Family Planning Services to provide contraceptive education, and services in addition to a range of screening and treatment services including breast and cervical cancer, sexually transmitted infections, hypertension, and anemia.

The Committee voted to shift Title X funds to state controlled block grants used for Maternal and Child Health Programs and Community Health Centers. The most devastating factor is that Committee members failed to specify that the additional dollars be used for family planning.

The elimination of the Title X Family Planning Program is likely to leave millions of women without an affordable source of primary reproductive health care service. Title X funds account for 40% of Family Planning Services' budget. There are over 4,000 women who depend on our services every year. The loss of Title X funding will not only deny many women access to family planning services, but will make it financially impossible for them to go elsewhere.

Statistics show that women in their 20's are the primary users of family planning. Teenagers however, stand to lose all access to confidential services. This comes at a time when the United

See Title X p. 3

Winter 1995 "Dedicated to Women's Health" Vol. XXVII

Surgeon General Calls For Comprehensive Sex Education

Why Does Lorain County Need a Family Planning Health Educator? Let's Look at the Numbers.

Survey results from:
The 1993 Lorain Co. Adolescent Pregnancy Prevention Community Planning Study:

- Average age of 1st intercourse for Lorain County teens is 14.2 years old.
- 57% of teens surveyed reported not using birth control at the time they got pregnant.
- 64% of respondents reported they had sex in their own homes or their partner's homes.

The Children's Defense Fund of Ohio:

- In 1992 Lorain County reported that 15.6% of all births were to teen mothers.

IMPROVING, RENOVATING, AND GROWING IN 1994

Family Planning Services of Lorain County has existed for over 25 years. During that time the family planning movement has survived a sustained period of political and social animosity. What has preserved this movement is the importance of its goals and the needs of its clients.

Our new image continues to grow in new directions. It is an exciting time to be involved in the family planning movement. There is a great need for movement. There is a great need for women's reproductive health care in Lorain County. As the only agency that offers these services we are committed to providing quality care to all those who walk through our doors.

FALL - WINTER 1979 NEWSLETTER



A MOTHER AND TEEN DAUGHTERS OBSERVE THE MED-FACT FILM ON FAMILY PLANNING.

Fueling Our Mission

With Gratitude to

OUR FOUNDATION SUPPORTERS:

The Nord Family Foundation
The George Gund Foundation
Community Foundation of Lorain County
The Char and Chuck Fowler Family Foundation
Wild Geese Foundation
Elyria Charities, Inc.
Norton Family Foundation
The Women's Fund of Lorain County

OUR PUBLIC FUNDERS:

Lorain County Public Health
Cuyahoga County Board of Health



Our Community Partners & Collaborators:

We are stronger together. Our impact grows through partnerships with schools, health systems, coalitions, & community organizations that share our commitment to health, equity, & care.

SCHOOLS & COLLEGES

Amherst Exempted Village Schools · Lorain City Schools · N. Ridgeville City Schools · Wellington Exempted Village Schools · Keystone Local Schools · Elyria City Schools · Oberlin City Schools · Columbia Local Schools · Lorain County JVS · Oberlin College & Conservatory · Lorain County Community College

HEALTH SYSTEMS & PUBLIC HEALTH

Lorain County Public Health · Cuyahoga County Board of Health · Mercy Health · MetroHealth · University Hospitals · Lorain County Free Clinic · Lorain County Health & Dentistry · NovaCare Rehabilitation

SOCIAL SERVICES & ADVOCACY

Lorain County Children's Services · Lorain County Office on Aging · Lorain County Community Action Agency: Pathways Hub · Lorain County Detention Center · Lorain/Medina Community Based Correctional Facility · Neighborhood Alliance: Help Me Grow, Haven Center, PATH · Save Our Children · Lorain County Safe Harbor Genesis House · Good Knights of Lorain County · Oberlin Community Service Center · El Centro de Servicios Sociales, Inc. · UMADAOP (Urban Minority Alcohol & Drug Abuse Outreach Program) · Riveon: Harm Reduction Clinic & Sexual Assault Care Unit · OhioGuidestone · Head Start

COMMUNITY ORGANIZATIONS & COALITIONS

Lovett and Sons · Lorain County Urban League: Project Ready · Community Foundation of Lorain County · The Women's Fund of Lorain County: Change the Cycle · United Way of Greater Lorain County · AIDS Taskforce of Greater Cleveland · Collaborative for Sexual Health Education & Learning (CHSEL) · Uninsured & Underinsured Coalition of Lorain County · LGBT Community Center of Greater Cleveland · HIV Prevention Committee · Leadership Lorain County · LGBTQ+ Lorain County · Lorain County Domestic Violence Task Force · Human Trafficking Coalition · Uninsured & Underinsured Coalition of Lorain County · Lorain County Task Force for the Homeless · Maternal Depression Task Force

Ways to Give

SEND YOUR DONATION BY MAIL

Send a check addressed to:

Family Planning Services of Lorain County
602 Leona Street Elyria, OH 44035

ONLINE

Make a secure donation on-line at:
www.familyplanningservices.org

OR

**Scan the QR code with your
phone camera! Consider a
recurring monthly donation.**



PLANNED GIVING (LEGACY FUND)

Leave a lasting impact through a gift in your
will, trust, or estate plan.

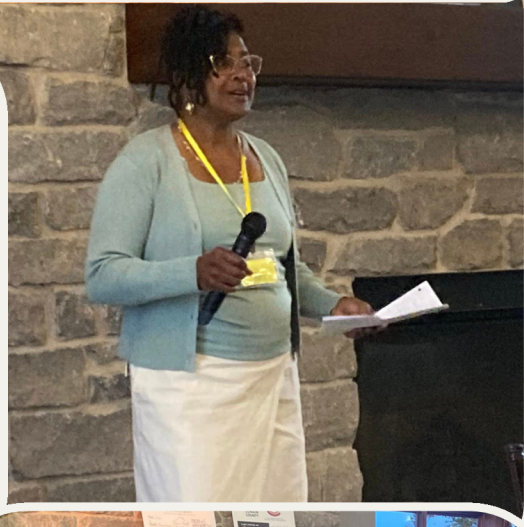
*We'll work with you to create a legacy
that reflects your values.*

DONOR-ADVISED FUND (DAF)

Support FPSLC through your DAF.
Use our EIN: 34-1042711

**Want to learn
more about how
& what you can
give?**

**Contact Administrative
Coordinator Gylene Pelton
at 440-468-7085 or
gpelton@fpslc.org.**



Our Annual Fundraisers:

Boozy Bingo | Fall

The highlight of our fall season, this fundraiser unites the community for bingo, raffles, and fun—all in support of accessible reproductive health care.

In just a few short years, Boozy Bingo has become a beloved tradition with lasting impact.



Connect to a Cause | September

We're proud to join more than 100 nonprofits for this county-wide day of giving hosted by the Community Foundation of Lorain County.

In just our first two years, your support helped us earn Rookie of the Year and raise over \$7,000 to sustain essential health services.

Each year, we aim higher—with your help.

peoplewhocare.org/connecttoacause



Don't Let the Sun Go Down on FPS | Summer

Each summer, we celebrate community & care at Lakeview Beach during the longest days of the year.

With a live DJ, interactive games like Name That Tune, delicious food, a sunset toast, & beautiful waterfront views, this event captures the warmth of the season while raising vital funds to sustain our mission.



Rooted in Community. Committed to Care.

Follow us for details on these & other upcoming events!



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OF LORAIN COUNTY**

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602 Leona Street, Elyria, OH 44035

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